

Griswold Scout Reservation  
Hidden Valley Scout Camp  
**First Year Program 2010**

Time	Monday*	Tuesday	Wednesday	Thursday	Friday
9:00	<b>MERIT BADGE BLOCK</b> (then meet in Lower Parade Field)	<b>MERIT BADGE BLOCK</b>	<b>MERIT BADGE BLOCK</b>	<b>MERIT BADGE BLOCK</b>	<b>MERIT BADGE BLOCK</b>
10:00	<b>GROUP PRESENTATION</b> ➤ <i>Flag Ceremony/Etiquette</i> ➤ <i>Totin' Chip (Knife Safety)</i> ➤ <i>Patrol Leader Elections</i>	<b>OPENING CEREMONY</b> <i>Flags, Oath/Law/O.C., Word &amp; Thought of the day, Toast</i> ➤ <i>Leadership Position Changes</i> ➤ <i>Scout Motto / Slogan</i>	<b>OPENING CEREMONY</b> <i>Flags, Oath/Law/O.C., Word &amp; Thought of the day, Toast</i> ➤ <i>Leadership Position Changes</i> ➤ <i>Hydration – Heat Stroke, etc.</i>	<b>OPENING CEREMONY</b> <i>Flags, Oath/Law/O.C., Word &amp; Thought of the day, Toast</i> ➤ <i>Leadership Position Changes</i> ➤ <i>Meaning of Scout Symbol</i>	<b>OPENING CEREMONY</b> <i>Flags, Oath/Law/O.C., Word &amp; Thought of the day, Toast</i> ➤ <i>Leadership Position Changes</i> ➤ <i>Safe Hiking Techniques</i>
10:10	<b>OPENING CEREMONY</b> <i>Flags, Oath/Law/O.C., Word &amp; Thought of the day, Toast</i> ➤ <i>Buddy System – Purpose / Usage</i> ➤ <i>Scout Sign</i>	<b>GROUP PRESENTATION</b> ➤ <i>Pioneering Projects on display</i> ➤ <i>Commando Ropes</i> ➤ <i>Camp Gadgets</i> ➤ <i>Square Knot</i>	<b>GROUP PRESENTATION</b> ➤ <i>Five Signs of a Heart Attack</i> ➤ <i>Steps of CPR / Rescue Breathing</i> ➤ <i>Heimlich Maneuver</i> ➤ <i>Hurry Cases: stopped breathing, serious bleeding, poisoning</i> ➤ <i>Demo First Aid Kit</i>	<b>GROUP PRESENTATION</b> ➤ <i>Directions without a compass</i> ➤ <i>How to use a compass</i> ➤ <i>How to take a compass bearing</i> ➤ <i>Height / Width of objects</i>	<b>CHALLENGE HIKE BEGINS</b>  <b>Challenge Hike Includes:</b> ➤ <i>Review of week's material</i> ➤ <i>Retesting of week's material</i> ➤ <i>Team games</i> ➤ <i>Visit last HV Program Areas</i> ➤ <i>Visit the top of a Mountain</i> ➤ <i>Visit a secluded swamp</i> ➤ <i>Directions &amp; Map/Compass</i> ➤ <i>Trail Lunch</i> ➤ <i>Identifying Plants</i> ➤ <i>Identifying Animals/Tracks</i> ➤ <i>Review of First Aid</i> ➤ <i>Log-Sawing Race</i> ➤ <i>String-Burning Race</i> ➤ <i>Tour of Camp Bell</i> ➤ <i>"Evolution Game"</i> ➤ <i>Basics of Leave No Trace</i> <b>Challenge Hike Concludes:</b> ➤ <i>Oath/Law/O.C./3 R's</i>
10:25	<b>PATROL SKILLS</b> ➤ <i>Axe Yard</i> ➤ <i>Sharpening/Care of Tools</i> ➤ <i>Bow Saw</i> ➤ <i>Hatchet/Axe</i>	<b>PATROL SKILLS</b> ➤ <i>Whipping / Fusing</i> ➤ <i>Timber Hitch</i> ➤ <i>Clove Hitch</i> ➤ <i>Bowline</i> ➤ <i>Tautline Hitch / 2 Half-hitches</i>	<b>PATROL SKILLS</b> ➤ <i>Rabid Animal/Ticks/Insects/Snake</i> ➤ <i>Cuts/Nosebleed/Puncture</i> ➤ <i>Fishhook/Object in Eye</i> ➤ <i>Shock/Heat/Hypothermia</i>	<b>PATROL SKILLS</b> ➤ <i>Map symbols</i> ➤ <i>Orienting a map</i> ➤ <i>How to pack a pack</i> ➤ <i>Footwear &amp; Trail Clothing</i>	
10:50	<b>CAMP TOUR</b> ➤ <i>Visit an HVSC Program Area</i>	<b>CAMP TOUR</b> ➤ <i>Visit an HVSC Program Area</i>	<b>CAMP TOUR</b> ➤ <i>Visit an HVSC Program Area</i>	<b>CAMP TOUR</b> ➤ <i>Visit an HVSC Program Area</i>	
11:15	<b>GATHERING GAME</b> <i>"Blob Tag" or Patrol Flag Making</i>	<b>GATHERING GAME</b> <i>"Elbow Tag"</i>	<b>GATHERING GAME</b> <i>"Sharks and Minnows"</i>	<b>GATHERING GAME</b> <i>"Groups"</i>	
11:25	<b>INTER-PATROL GAMES</b> ➤ <i>Perm. / Low Impact Fire Rings</i> ➤ <i>Types of Wood</i> ➤ <i>Fire Safety</i> ➤ <i>Stove safety / usage / lighting</i>	<b>INTER-PATROL GAMES</b> ➤ <i>Square Lashing</i> ➤ <i>Useful Camp Gadget</i>	<b>INTER-PATROL GAMES</b> ➤ <i>Frostbite/Sunburn</i> ➤ <i>Blisters/Burns</i> ➤ <i>Bandage &amp; Carries Relays</i> ➤ <i>Stretcher Race</i>	<b>INTER-PATROL GAMES</b> ➤ <i>Circle Compass Game</i> ➤ <i>Find your pace</i> ➤ <i>Distance &amp; Direction Game</i>	
11:55	<b>CLOSING CEREMONY</b> <i>Oath/Law/O.C./3 R's, Flags</i>	<b>CLOSING CEREMONY</b> <i>Oath/Law/O.C./3 R's, Flags</i>	<b>CLOSING CEREMONY</b> <i>Oath/Law/O.C./3 R's, Flags</i>	<b>CLOSING CEREMONY</b> <i>Oath/Law/O.C./3 R's, Flags</i>	
12pm-5pm	N/A	N/A	N/A	N/A	<b>HIKE RETURNS TO HV</b> <i>Scouts return to their campsites.</i>

\*Monday morning, the First Year Program gathers directly upon dismissal from breakfast. Staff will lead Scouts to their Monday Merit Badge.